

# **CODE OF CONDUCT & CONDITION OF ENTRY**



**All attendees of this Gym must at all times adhere to these conditions whilst upholding our organisation's value with integrity.**

**These conditions are set out as a guidance to help maintain community integrity as well as having a clear, defined & accountable policies and processes to ensure everyone feels safe, respected and empowered to raise any concerns if and when they arise**

**All attendees visiting our establishment is expected to have read & understood our policies & comply when onsite to create a safe and inclusive environment, regardless of experience and or background.**

## **All attendees:**

1. Agree to comply with the organisation's Code of Conduct & entry conditions. If single entry is required, approval from the organisation's leaders, should be sought prior to entry, and individuals enter at their own risk.
2. Agree to notify and compensate for any damages caused by them, to our organization and its assets, in a timely manner. If you have been allocated a key, this should be reflected in the key register and no extra copies are to be made, without appropriate approvals from the leaders of the organization.
3. Should always act honestly, respectfully and in a courteous manner in line with the organisation's values & guiding principles.
4. Has a duty of care and diligence in fulfilling the functions entrusted to them and when exercising any powers delegated as a trainer.
5. Should use the premises, assets and equipment for the purpose intended and proper use, as directed and approved by the organisation & it's leaders.
6. Should not engage in conduct which is likely to discredit our organisation and brand.
7. Have an obligation, always, to comply with the rules as well as the letter of the law and within the principles of this Code.
8. Agree to always comply with the instructions given by the highest rank instructor on site at any given time and seek clarity (if not sure) before engaging in physical contact.
9. Are to always practice good personal hygiene standards (Always have a towel, water bottle and utilise showers etc where applicable).
10. Are to ensure the premises is kept in a clean and tidy manner (help clean and wipe mats, toilets and pads with disinfectant, post exercise, as well as ensure all gear used for training and sparring is returned and placed in its allocated spots) to limit injuries, and exposure to infections etc.
11. Should always have the appropriate uniform and protective gear (to wear) as recommended by the head coach prior to engaging in any training exercise and or drills. Head coach has the right of refusal to training, in the event the right protective gear is not available.
12. Has a responsibility to ensure their personal belongings are always safe and secure as the organisation cannot be held liable for any losses/damages that may occur due to negligence.
13. Are to always wear appropriate footwear when inside the gym, with the exception being, the training mats.
14. Are to advise the training instructor of any injury, illness & or pre-existing health conditions in writing (with doctor's clearance), and the organisation and its leaders reserve the right to take any action that is deemed necessary to help with the injury, illness or health condition. Any cost associated with these actions will need to be covered by the members/patron's insurances and or in a personal capacity.
15. Agree to give their permission to receive notifications from us regarding specials, news and events (workshops and seminars etc)
16. Agree to give their permission to record, publish and share photos/videos (of attendee and or minor's) captured during training events, and professional outings. (If exceptions are to be made, pls notify organisation via email and or website)
17. Should comply with the submission etiquettes as instructed/directed by the head coach.